

## WINGCHUN COURSES

These are WingChun courses available at various Stages of training, along with their attendance prerequisites:

Course:	Regular Class	Private Lesson	WingChun Seminar	Combat Class	Special Class	Technician Class
Basic Student Levels	●	●	●	●		
Middle Student Levels	●	●	●	●	●	
Upper Student Levels	●	●	●	●	●	
Technician Grades	●	●	●	●	●	●
Prerequisite:	None	None	None	None	4 <sup>th</sup> Student Level	Pre-Primary Level

## TRAINING SYLLABUS

This is an overview of the syllabi for the Student, Technician and Master Stages of WingChun:

		Month(s)	Form <sup>1</sup>	Function	Lat Sao	Puen Sao
Basic	1 <sup>st</sup> Student Level	1	1A, G1A	1.1-1.2	1	-
	2 <sup>nd</sup> Student Level	2	1B, G1B	1.1-2.2	2	-
	3 <sup>rd</sup> Student Level	2	1, G1	1.1-3.2	3	-
	4 <sup>th</sup> Student Level	3	1, G1	1.1-4.2	4	Dan Chi
Middle	5 <sup>th</sup> Student Level	3	1-2A, G1-G2A	1.1-5.2	5	Chi Sao
	6 <sup>th</sup> Student Level	3	1-2B, G1-G2B	1.1-5.2	1-5	1 (6), Guo Sao
	7 <sup>th</sup> Student Level	3	1-2, G1-G2	1.1-5.2	1-5	1 (7)
	8 <sup>th</sup> Student Level	4	1-2, G1-G2	1.1-5.2	1-5	1 (8.1-8.2)
Upper	9 <sup>th</sup> Student Level	3	1-2, G1-G2	1.1-5.2	1-5	1 (9.1-9.2)
	10 <sup>th</sup> Student Level	3	1-2, G1-G2	1.1-5.2	1-5	1 (6-9)
	11 <sup>th</sup> Student Level	3	1-2, G1-G2	1.1-5.2	1-5	1 (6-9)
	Pre-Primary Level	6	1-2, G1-G2	1.1-5.2	1-5	1 (6-9, X.1-X.2)
Technician	1 <sup>st</sup> Technician Grade	18	1-2, G1-G2	1.1-5.2	1-5	1-4
	2 <sup>nd</sup> Technician Grade	24	1-3, G1-G2	1.1-5.2	1-5	1-7
	3 <sup>rd</sup> Technician Grade	36	1-4, G1-G2	1.1-5.2	1-5	1-12
	4 <sup>th</sup> Technician Grade	36	1-4, G1-G2	1.1-5.2	1-5	1-17
	5 <sup>th</sup> Master Degree	Variable	1-4, G1-G2	1.1-5.2	1-5	1-20
	WingChun Master	Variable	1-4, G1-G2	1.1-5.2	1-5	1-20

<sup>1</sup>Note: In the Form column, 1 = Siu Nim Tau, 2 = Tsum Kiu, 3 = Biu Jee, 4 = Mok Yan Jang, G1 = Gerk Fat I, G2 = Gerk Fat II